



# HaBaWaBa Camp

1° HABAWABA CAMP LOUTRAKI JULY 30th TO AUGUST 6th 2024



## LEARN FROM THE BEST: JOIN HABAWABA CAMP!

**Waterpolo Development** is giving waterpolo players between 15 and 18 years old an extraordinary opportunity to improve their technical and tactical skills: **HaBaWaBa Camp**, a week of specialized training directed by the 4-time Olympic champion coach **Ratko Rudic** and **Yiannis Giannouris**, internationally renowned coach, specialized in working with young waterpolo players.

Rudic and Giannouris will lead a team of world-class players who will be ready to work in the pool with members of HaBaWaBa Camp.





## THE VENUE

**HaBaWaBa Camp** is scheduled **from July 30th to August 6th, 2024** at the beautiful venue of **Loutraki SPORTCAMP, Greece** ([www.sportcamp.gr/en](http://www.sportcamp.gr/en)). The town of Loutraki is located by the sea, not far from the Gulf of Corinth, and boasts beaches, restaurants and tourist facilities.

**Loutraki** is just over an hour away from Athens international airport: the **HaBaWaBa Camp organization** will provide **transfers** for the **members**.



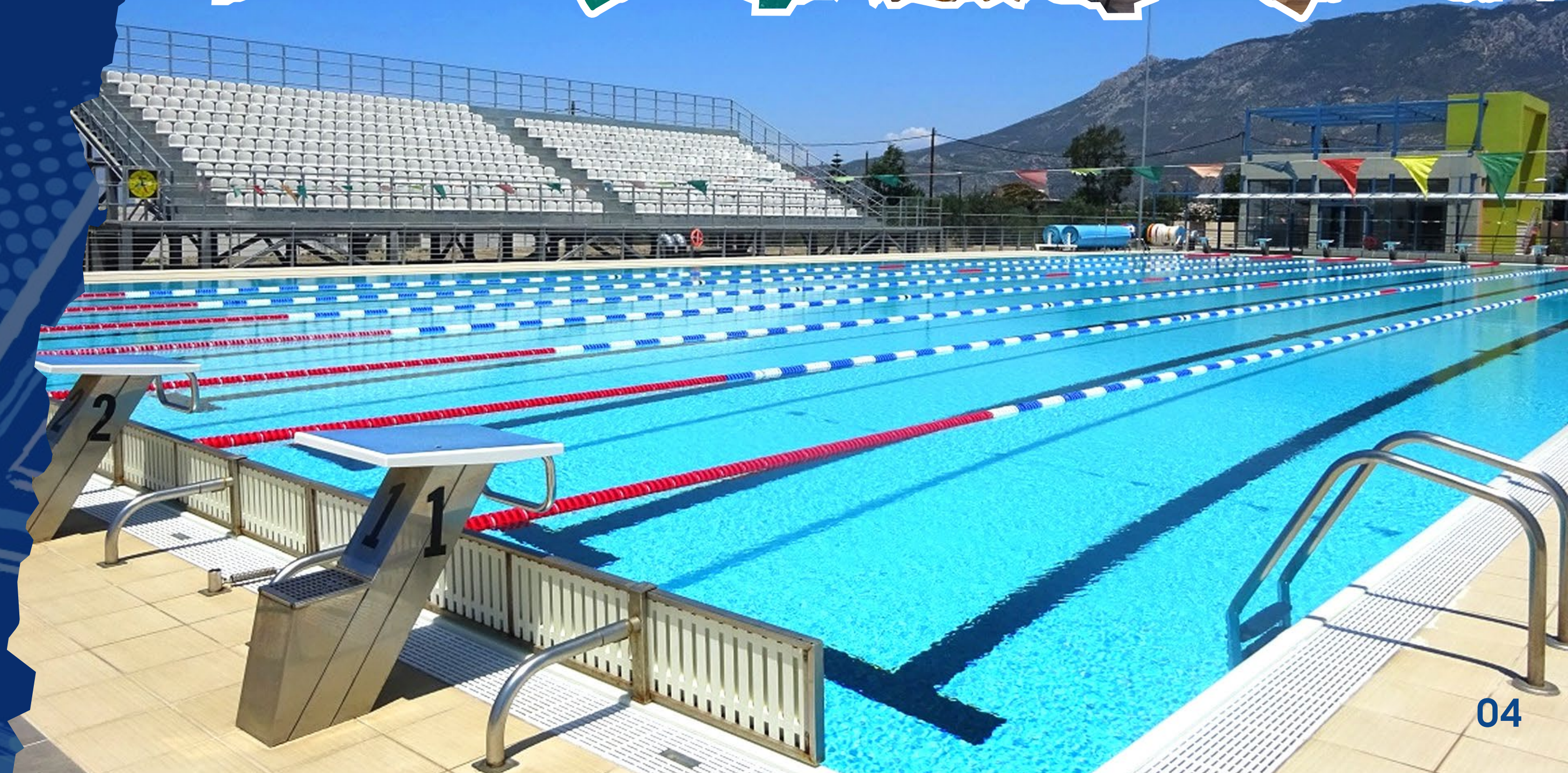


## THE CAMP: CONTENT & PROGRAM

Individual **player's**, **groups**’, **clubs**’ and federations’ participation is allowed at **HaBaWaBa Camp**.

On **July 30 th** the **athletes check-in**, handover of their kits, briefing on the content and organization of the Camp, division into working groups will take place. At HaBaWaBa Camp **11 training sessions** are scheduled starting from **July 31st to August 5th**.

The **program** will include **3 hours a day of individual drills** on game situations to be held in the pool, divided into 2 shifts (morning and afternoon); **gym workout** and **video-lessons** will be added to drills.





## THE CAMP: CONTENT & PROGRAM

Drills in the pool will cover:

1. Specific **offensive and defensive** situations (for centerforward and perimeter players);
2. **Extra-man situations** (on offense and defense);
3. Perfecting the fundamentals of **shooting**;
4. **Goalkeeper** positioning.

In addition, camp participants will have the chance to watch and comment on games from the water polo tournaments at **Paris 2024 Olympics** and visit the charming **resort of Loutraki**.

**Breakfast, lunch and dinner** will be served buffet-style in the **Loutraki SPORTCAMP** restaurants.





## THE COST

The total **cost** for **registration fee, training kit, insurance e participation** is 1,100 euros for each athlete.

## CONTACT & REGISTRATION

Infos and **registration guide** will be soon available on [www.habawaba.com](http://www.habawaba.com)

### ORGANIZED BY:



### PARTNER:



### EMAIL CONTACT:

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